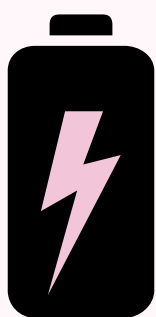
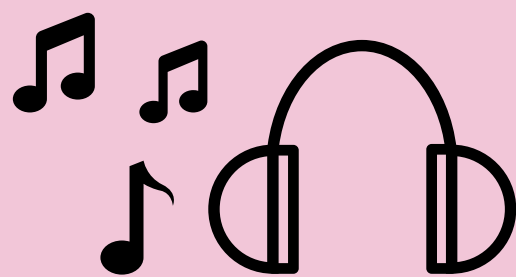


# LEVEL-UP TECHNIQUE

## LISTEN TO MUSIC WHILE WRITING :

I could not imagine working without listening to music!

Simply relaxes you, puts you in a good mood, in the right mindset, & the thoughts just flow!



## TAKE BRAKES

This is super important.

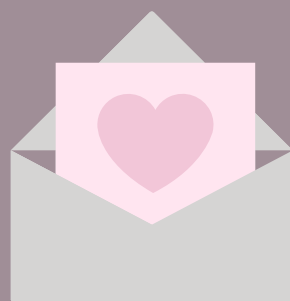
We are not machines, and our body needs a break to recharge!

Eat well & drink a lot of liquids - you need to feed your body & brain!

## WRITE ONLY WITH LOVE!

Always share positivity & honesty throughout your content.

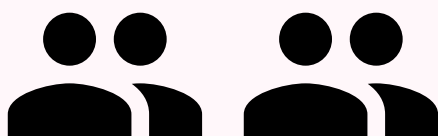
Trust me, your audience will notice & feel the energy you put in your content.



## PICTURE YOURSELF GIVING A SPEECH

This is exactly what your blog represents - your speech that will reach thousands of people.

There is nothing more rewarding than having an audience - your readers, who are impatiently waiting for the fresh content that you are sharing with them.

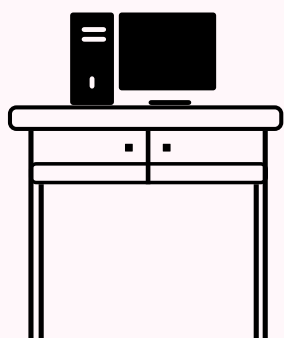
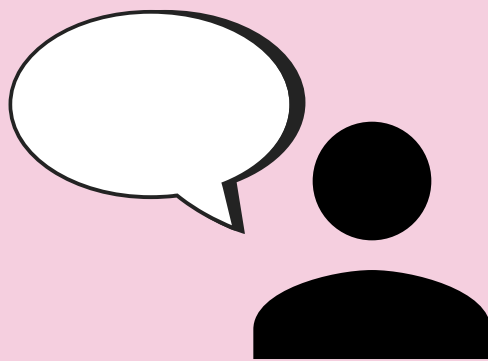


## BEFORE POSTING, READ THE BLOG POST OUT LOUD TO YOURSELF!

After you finish reading it, ask yourself: Is this a piece of inspiring content that you enjoy?

Is it 100 % you?

Since remember that once, there was a blogger who inspired you to start this journey!



## PAY ATTENTION TO YOUR WORK PLACE!

Decorate it according to your liking, and most importantly, make sure that you bring just positive energy & motivation in it!

## WORK OUTDOORS!

If you're a person who enjoys the outdoors, whenever the weather allows you - please do this.

- Trust me the fresh air stimulates your brain & puts you in the right mindset :)

